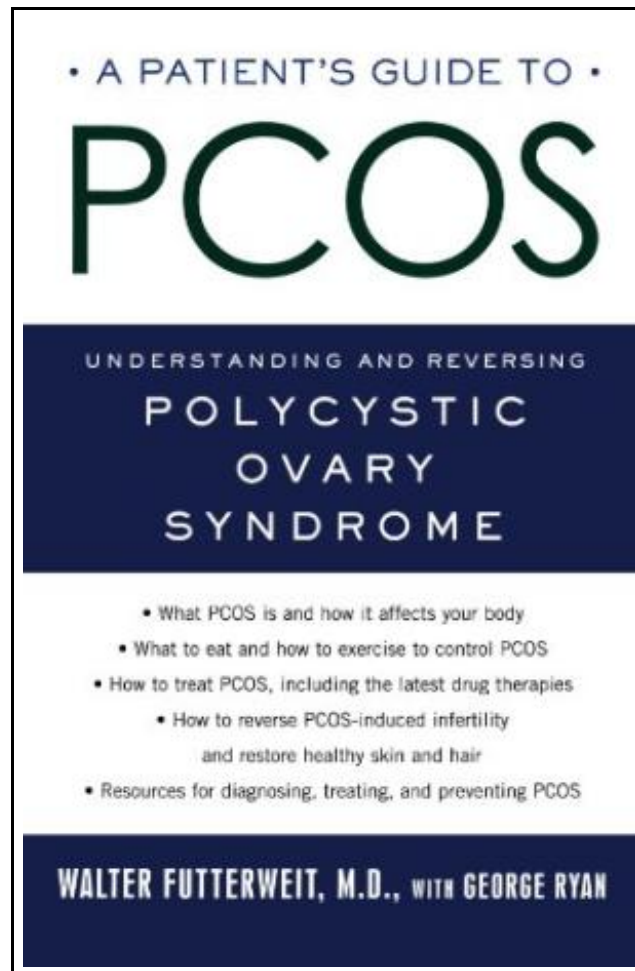


A Patient's Guide to PCOS: Understanding and Reversing Polycystic Ovarian Syndrome



Filesize: 5.65 MB

Reviews

Extensive manual! Its such a great read. It really is loaded with knowledge and wisdom You wont really feel monotony at at any time of your time (that's what catalogs are for regarding if you ask me).

(Myrl Hintz)

A PATIENT'S GUIDE TO PCOS: UNDERSTANDING AND REVERSING POLYCYSTIC OVARIAN SYNDROME



Henry Holt & Company Inc. Paperback. Book Condition: new. BRAND NEW, A Patient's Guide to PCOS: Understanding and Reversing Polycystic Ovarian Syndrome, Walter Futterweit, George Ryan, One in ten women of childbearing age is affected by Polycystic Ovarian Syndrome (PCOS) to some degree, and many suffer from serious symptoms, such as infertility, early miscarriage, chronic pelvic pain, weight gain, high blood pressure, and migraines. PCOS is by far the most common hormone imbalance in women of this age group, yet few women understand the threat it poses to their health - or how to prevent it. In "A Patient's Guide to PCOS", Dr. Walter Futterweit, the foremost authority on PCOS in America, tells women everything they need to know about this condition and how to treat it. Drawing on his twenty-five years researching and treating the condition and his ongoing long-term study of more than a thousand women with PCOS, Futterweit discusses: what PCOS is and how it affects your body; what to eat and how to exercise to control PCOS; all the treatment options, including the latest drug therapies; how to reverse PCOS-induced infertility and restore healthy skin and hair; and resources for preventing, diagnosing, and treating PCOS.



[Read A Patient's Guide to PCOS: Understanding and Reversing Polycystic Ovarian Syndrome Online](#)



[Download PDF A Patient's Guide to PCOS: Understanding and Reversing Polycystic Ovarian Syndrome](#)

You May Also Like



Kingfisher Readers: What Animals Eat (Level 2: Beginning to Read Alone) (Unabridged)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: What Animals Eat (Level 2: Beginning to Read Alone) (Unabridged), Brenda Stone, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to...

[Read ePub »](#)



Goodparents.com: What Every Good Parent Should Know About the Internet (Hardback)

Prometheus Books, United States, 2000. Hardback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book. The Internet may now be the most powerful, single source of information in the world, and...

[Read ePub »](#)



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (3-5 years) Intermediate (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Read ePub »](#)



TJ new concept of the Preschool Quality Education Engineering the daily learning book of: new happy learning young children (2-4 years old) in small classes (3)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2005-09-01 Publisher: Chinese children before making Reading: All books are the...

[Read ePub »](#)



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

[Read ePub »](#)