



Sharing the Journey: A Psychotherapist Reflects on Her Work

By Judith A Goren, Judith A Goren PhD

iUniverse, United States, 2004. Paperback. Book Condition: New. 223 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Author Judith A. Goren, PhD, invites us into her office and shows us the daily considerations of psychotherapy from her perspective as a humanistic psychologist in private practice. Sharing the Journey focuses on her own experience over many years. Its chapters offer advice and helpful information to the next generation of new practitioners. Written without technical jargon and with honesty and humor, this collection of short essays will be particularly useful for students, interns and new therapists in counseling, social work and psychology. Their teachers, mentors, supervisors and clients will also want to read it. Some of the topics covered include: establishing ground rules with clients the business side of private practice working with adults abused as children principles of effective listening self-care for the therapist Dr. Goren s essays illuminate timeless issues shared by all psychotherapists.

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