



Joan Lunden's Healthy Living: A Practical, Inspirational Guide to Creating Balance in Your Life

By Lunden, Joan, and Morton, Laura

Crown Publishers, New York, NY, 1997. Hardcover. Book Condition: New. Dust Jacket Condition: New. First Edition. 8vo - over 7?" - 9?" tall. Clean and tight - unused copy - BRAND NEW!!.



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